**Lesson Plan**

**TITLE: Group Tasks**

Date: 1-28-10 Time: 2 p.m.-2:50 p.m. Grade \_3 Teacher: \_Mr. Ihler\_

**I. National Health Education Standards**

**Health Education Standard**

**Health Education Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

**II. National Health Education Standards Performance Indicator**

**4.5.1 demonstrate effective verbal and nonverbal communication skills to enhance health.**

**III. Valued Outcomes**

* Students will build self-esteem.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Students will understand the definition of self-esteem.\_\_\_\_\_
* Students will build class pride by sharing their list of things they do well and creating a paper chain.\_\_

**PERFORMANCE OBJECTIVES**

**Students will be asked to write down five things that they can do well. Students will understand how important self-esteem is and how everyone has things that they can do well. Their performance will be satisfactory when the students construct the class paper chain from their list of five things that they are good at.**

**IV. Description of Strategy:**

1. **Have the students write down their own definition of self-esteem and have a class discussion on what self-esteem means.**
2. **Ask the students who has something that they can do very well. Have a brief discussion with the class giving examples and asking the students.**
3. **Pass out paper and have each student write down five things that they can do well.**
4. **Let children pick out five different colored strips of colored construction paper. Have the students write down their unique talents on the strips of paper.**
5. **Demonstrate how to make a paper chain with the strips of paper. Have students link their paper together and make one long class chain. Discuss with the class what this long chain demonstrates. This can be hung in the room so the students can remember that they are all good at something.**

**V. Materials Needed:**

\_\_\_Pencils\_\_

\_\_\_Strips of colored construction paper\_\_\_

\_\_\_Glue\_\_\_\_\_\_

\_\_\_Markers\_\_\_\_

**VI. Formative Evaluation**

**Benchmarks:**

* + - Level 1: Student was able to understand self-esteem.
    - Level 2: Student was able to identify their own uniqueness.
    - Level 3: Student was able to build their own self-esteem.
    - Level 4:.Student was able to complete the class paper chain with their list of talents.

**VII. Points of Emphasis:**

1. Explain why it is important to have positive self-esteem.

2. Explain how everyone is unique.

3.Explain how the whole class is a talented group.

**Teacher Evaluation**

1. Keep the lesson as taught?  Yes  No

2. What I need to improve

3. Next time make sure

4. Strengths of lesson